

LUNCH (ECE - 8) MENU

November 2021



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| <p>1</p> <p>Beef Nachos Cheese Nachos PB&J or Wow Sandwich Refried Beans Calabacitas Apple Milk</p> | <p>2</p> <p>Broccoli & Cheese Baked Potato Chicken Nuggets w/ Dinner Roll Yogurt Basket w/ Blueberry Muffin Celery Sweet Potato Tots Strawberries Milk</p> | <p>3</p> <p>Cheeseburger Grilled Cheese PB&J or Wow Sandwich Curly Fries Baby Carrots Pear Milk</p> | <p>4</p> <p>Pepperoni Stromboli Spinach Stromboli Yogurt Basket w/blueberry muffin Garden Salad Baby Carrots Peaches Milk</p> | <p>5</p> <p>Garden Chili PB&J or Wow Sandwich Roasted Chicken Drumstick w/Cornbread Broccoli Baby Baker Potatoes Orange Milk</p> |
| <p>8</p> <p>Pancakes w/ Chicken Sausage Pancakes w/ Eggs PB&J or Wow Sandwich Baby Bakers Celery Sticks Orange Milk</p> | <p>9</p> <p>Beef Taco Charro Beans & Rice w/ Flour Tortilla Yogurt Basket w/ Blueberry Muffin Spicy Corn Salad Sweet Pepper Strips Blueberries Milk</p> | <p>10</p> <p>Country Chicken Bowl PB&J or Wow Sandwich Cucumber Tomato Salad Broccoli Pear Milk</p> | <p>11</p> <p>Spaghetti w/ Meat Sauce Spaghetti w/ Marinara Sauce Yogurt Basket w/blueberry muffin Baby Carrots Garden Salad Peaches Milk</p> | <p>12</p> <p>Chicken Quesadilla Cheese Quesadilla PB&J or Wow Sandwich Refried Beans Calabacitas Apple Milk</p> |
| <p>15</p> <p>All Beef Hot Dog Charro Beans and Rice PB&J or Wow Sandwich Sweet Potato Tots Celery Sticks Orange Milk</p> | <p>16</p> <p>Grilled Cheese Sandwich Sloppy Joe Yogurt w/ Blueberry Muffin Coleslaw Curly Fries Blueberries Milk</p> | <p>17</p> <p style="text-align: center;">Thanksgiving Meal</p> | <p>18</p> <p>Cheesy Breadsticks w/ Marinara Yogurt Basket w/ Blueberry Broccoli Sweet Pepper Strips Peaches Milk</p> | <p>19</p> <p>BBQ Chicken w/ Roll Vegetarian Salad PB&J or Wow Sandwich Seasoned Black Beans Baby Carrots Pear Milk</p> |
| <p>22</p> <p style="text-align: center;">No Classes</p> | <p>23</p> <p style="text-align: center;">No Classes</p> | <p>24</p> <p style="text-align: center;">No Classes</p> | <p>25</p> <p style="text-align: center;">No Classes</p> | <p>26</p> <p style="text-align: center;">No Classes</p> |
| <p>29</p> <p>Pancakes w/ Chicken Sausage Pancakes w/ Eggs PB&J or Wow Sandwich Baby Bakers Celery Sticks Orange Milk</p> | <p>30</p> <p>Beef Taco Charro Beans & Rice w/ Flour Tortilla Yogurt Basket w/ Blueberry Muffin Spicy Corn Salad Sweet Pepper Strips Blueberries Milk</p> | <p>1 DEC</p> <p>Country Chicken Bowl PB&J or Wow Sandwich Cucumber Tomato Salad Broccoli Pear Milk</p> | <p>2 DEC</p> <p>Spaghetti w/ Meat Sauce Spaghetti w/ Marinara Sauce Yogurt Basket w/blueberry muffin Baby Carrots Garden Salad Peaches Milk</p> | <p>3 DEC</p> <p>Chicken Quesadilla Cheese Quesadilla PB&J or Wow Sandwich Refried Beans Calabacitas Apple Milk</p> |

| MENU INFORMATION | | | | | | | |
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| | Scratch Made | | Vegetarian | | Whole Grain | | Contains Pork |

Milk options are available with all meals: 1% and non-fat
 For more information, please visit: foodservices.dpsk12.org

** Please note, menus are subject to change.* This institution is an equal opportunity provider.