LUNCH (ECE - 8) MENU

SEPTEMBER 2021



			SCHOOLS File	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 AUG Spicy Chicken Sandwich PBJ Sandwich Celery Sticks Baby Carrots Peaches	31 AUG All Beef Hotdog PBJ Sandwich Baby Carrots Red Grapes	1 Mac & Cheese w/dinner roll PBJ Sandwich Sweet Peas Baby Carrots Red Apple	2 Chicken Drumstick w/ Mashed Potatoes & Gravy PBJ Sandwich Baby Carrots Mixed Berry Cup	3 Ham Cheese Sandwich Turkey Cheese Sandwich Cucumber Coins Mixed Berry Cup
6 Labor Day	7 Chicken Sandwich PBJ or Wow Sandwich Celery Curly Fries Red Grapes	8 Bean & Cheese Burrito Beef & Cheese Burrito PBJ or Wow Sandwich Cherry Tomatoes Refried Beans Red Apple	9 Cheesy Breadsticks w/ Marinara Lemon Chicken w/ chile lemon rice PBJ or Wow Sandwich Broccoli Sweet Pepper Strips Cantaloupe	10 Mac & Cheese Broccoli & Cheese baked Potato w/ Homemade Dinner Roll PBJ or Wow Sandwich Baby Carrots Peas Peaches
13 Beef Nachos Cheese Nachos PBJ or Wow Sandwich Calabacitas Con Elote Refried Beans Red Grapes	14 Chicken Nuggets & Homemade Dinner Roll PBJ or Wow Sandwich Sweet Potato Tots Celery Plum	15 Grilled Cheese Sandwich Cheeseburger PBJ or Wow Sandwich Curly Fries Baby Carrots Honeydew	16 Italian Sub Meal Italian Veggie Sub Meal PBJ or Wow Sandwich Baby Carrots Broccoli Apple	17 Spaghetti Marinara Spaghetti w/ Meat Sauce PBJ or Wow Sandwich Garden Greens Zucchini Sticks Grapes
Cheese Quesadilla w/ Homemade Salsa Chicken Quesadilla w/ Homemade Salsa PBJ or Wow Sandwich Calabacitas Con Elote Refried Beans Strawberries	Greek Gyro Wrap Roasted Red Pepper Hummus Bowl PBJ or Wow Sandwich Cucumber Tomato Salad Curly Fries Nectarines	22 Chicken Sandwich PBJ or Wow Sandwich Yogurt Basket w/ Blueberry Muffin Garden Greens Sweet Pepper Strips Grapes	23 Beef Taco Veggie Tacos w/ roasted Tomato Salsa PBJ or Wow Sandwich Celery Spicy Corn Pear	24 BBQ Chicken Grilled Cheese Sandwich PBJ or Wow Sandwich Baby Carrots Southwest Beans Honeydew
27 All Beef Hot Dog Grilled Cheese Sandwich PBJ or Wow Sandwich Sweet Potato Tots Zucchini Sticks Honeydew	28 Chicken Sandwich PBJ or Wow Sandwich Curly Fries Celery Grapes	29 Bean & Cheese Burrito Beef & Cheese Burrito PBJ or Wow Sandwich Refried Beans Cherry Tomatoes Apple	30 Cheesy Breadsticks w/ Marinara Lemon Chicken w/ chile lemon rice PBJ or Wow Sandwich Broccoli Sweet Pepper Strips Cantaloupe	1 OCT Mac & Cheese Broccoli & Cheese baked Potato w/ Homemade Dinner Roll PBJ or Wow Sandwich Baby Carrots Peas Peaches

MENU INFORMATION										
(2)	Scratch Made	(v)	Vegetarian	(4)	Whole Grain	(Fa)	Contains Pork			

Milk options are available with all meals: 1% white & Fat Free Chocolate